



WAIHI BEACH
PHYSIOTHERAPY
 LIVE STRONGER. RECOVER FASTER

Term 2 2019 Mat Pilates Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
9am	Pilates with Faye		50 + Pilates with Viv	Pilates with Faye	Pilates with Tarsh
115pm					Pilates with Tarsh
530pm	Pilates with Faye			Pilates with Faye	
6pm		Pilates with Tarsh	Beginner Pilates with Courtney		
715pm	Pilates with Courtney	Pilates with Tarsh		Pilates with Tarsh	